



Celebrating Birthdays at Blythwood!

Birthdays are so exciting – especially when a child gets to celebrate at school with their classmates! We know that the first thought is usually to bring in cupcakes, ice cream sandwiches and other yummy treats – who doesn't love that!?!

This year, the Anaphylaxis committee is asking you to consider another option in attempt to keep those children with severe food allergies safe, by reducing the number of times food is brought into the classroom. Here are a few ideas:

- **Stop in at the Dollar Store and pick up some erasers and pencils for everyone.**
- **Stickers**
- **Donate a book or a game to the classroom and have your child bring it in wrapped.**
- **Fun drinking straws**
- **Ask the teacher if your child can bring in a show and tell item to share in honour of their big day**
- **Talk to the teacher – they may have some other fabulous ideas that could also benefit the classroom and be super fun at the same time!**

While the majority of the responsibility lies with anaphylactic students and their parents, the entire school community has an important role to play in protecting these children. Chances are, sooner or later, your child will have a classmate who has a serious food related allergy.

Thank you for your understanding and cooperation to ensure the safest possible school environment. If you would like more information regarding Blythwood's anaphylaxis policy please contact Anne Guilfoyle or Kate Harrington:

Anne: anneguiffoyle7@gmail.com

Kate: kjnharrington@gmail.com